REU Welcome

Ioannis A. Kakadiaris
Cullen Distinguished Professor
University of Houston

All the things that you wanted to know about UHCS REU

Ioannis A. Kakadiaris
Cullen Distinguished Professor
University of Houston

Welcome!

• Introductions (one key fact)
  Is REU really for you?
• What does it mean to be part of an REU program?
  “What is day to day work like?”
  “How will it look on my resume?”
• “Can I make it sound better than just REU?”
• “Will it help me get internships next year or can it hurt me since it will make me appear to be more dedicated to research than industry?”
• “How much guidance is there?”
• “Is the transition from classroom to research difficult or manageable?”

What should I expect to gain from this REU?

• “Test drive” a career without much to lose
• Sense of what professionals do in this career
• New / Improved Skills
• Constructive Feedback
• Portfolio
• New connections (students / faculty)
• Recommendations
• An improved resume
What should I do during my internship?

- Set goals for your internship
- Consider taking the Clifton strengths finder test
  – Know what you don’t know (Coursera)
- Be great!
- Be proactive
- Ask questions
- Plan your time
- Reflect every day
- Work Hard / Play Hard / Eat well / Exercise
  – See Houston
- Network with students and faculty
- This is a time for Professional & Personal Development
  - Work on research related skills: Lit Review, endnote, coding
  - Work on “other skills”: presentations, writing

What should I do after my internship?

- Reflect on your experience
- Stay in touch!

References

- https://www.goodcall.com/career/internship-tips/
- http://www.sciencemag.org/careers/2008/12/making-your-summer-research-internship-good-one
- https://www.careerplacement.org/career-tools/internships

Welcome!

Ioannis Kakadiaris, Ph.D. (ioannisk@uh.edu)
Hugh Roy and Lillie Cranz Professor